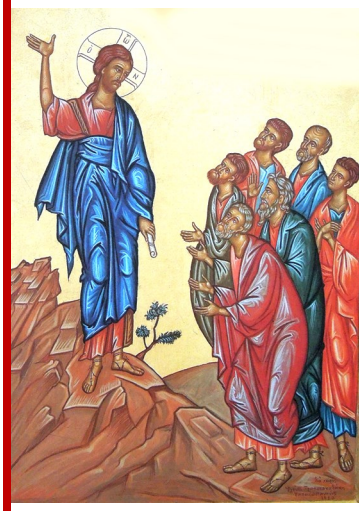
In the Name of the Father and of the Son and of the Holy Spirit.



Matthew 28 – The Commissioning of the Disciples.
The eleven disciples went to Galilee, to the mountain to which Jesus had ordered them. When they saw him, they worshiped, but they doubted. Then Jesus approached and said to them, "All power in heaven and on earth has been given to me. Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age." (Mt 28: 16 – 20)

As we take a seat in church, begin Mass and practice our faith daily, we will often call upon God. We do so in the same way our Christian journey began at baptism: we are baptized, "in the name of the Father and of the Son and of the Holy Spirit." The faith of all Christians rests on the Trinity.

Christians are baptized in the name of the Father and of the Son and of the Holy Spirit: not in the *names*, for there is only one God, the almighty Father, his only Son, and the Holy Spirit: the Most Holy Trinity.

We seek and call upon the authority and power of God when we begin our prayers in His name. When we sign ourselves in the form of the cross, we honor the Blessed Trinity through this brief but important prayer.

Upon entering a Catholic church, before taking a seat, we genuflect to the Blessed Sacrament in the tabernacle and sign ourselves quietly saying, "In the name of the Father and of the Son and of the Holy Spirit."

Soon after the entrance procession the celebrant priest begins Mass, greeting all as he makes the Sign of the Cross and says, "In the name of the Father, and of the Son, and of the Holy Spirit," to which we respond, "Amen."