



ERVE the Lord with all your heart; and
do not turn aside after useless things
... for they are useless.

APR.
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—1 Sam 12:20-21

REFLECTION. It should be obvious to us that no one and no thing can do for us what God does for us. But as with the Israelites whom Samuel warned, we turn too often to “useless things.”

Unless we love and serve the Lord, all things are useless. When we act out of love, all things are blessed.

PRAYER. Lord, today I will turn off the television, my computer and cell phone, and turn my whole attention to You.