

## **“Love”**

### **Tools that might help us:**

The History Channel is running a five-part, ten-hour, docudrama on the Bible. It started in March. Look for replays.

### **Finding Inspiration and Putting Prayer into Action:**

- Prayer is the well-spring of strength.
- Our conversations with Jesus and our Father should pour out onto others and connect the dots from prayer to life... Prayer time can't be a contradiction to our lives and can't be separated from how we live our lives.
  - ‘Resolutions’ or actions as proposed to flow from our Guigo’s Ladder of prayer in *lectio divina*, should be small and specific. For example, aim to smile and greet (“Hello!”) several people that you don’t know each day.
  - ‘Action’ can be harder than the other steps as to apply our prayer life to our daily lives, we often have to change and give-up something or someone else...
  - Bear in mind the Penitential Act: “...in what I have done and in what I have failed to do..."
  - This might take us back to meditation and contemplation. Go carefully and slowly in prayer to hear the Lord. Stop taking control.
  - God is with us and will leave prayer with us.
- The ‘woman at the well’ went to the well when others wouldn’t be there so as to avoid them. After her encounter with Jesus she leaves the well to outreach to others, fortified with courage to share His love, imparted to her, with others. She is a great example for us.
- Our weaknesses can help us to remain humble; as we reflect on our struggles we realize our need for Jesus.

2 Corinthians 12:7–10 And to keep me from being too elated by the abundance of revelations, a thorn was given me in the flesh, a messenger of Satan, to harass me, to keep me from being too elated. Three times I begged the Lord about this, that it should leave me; but he said `to me, “My grace is sufficient for you, for my power is made perfect in weakness.” I will all the more gladly boast of my weaknesses, that the power of Christ may rest upon me. For the sake of Christ, then, I am content with weaknesses , insults, hardships, persecutions, and calamities; for when I am weak, then I am strong.
- Through our perseverance in prayer, Confession and outreach to others, through the grace of God, we will slowly transform ourselves... ‘like grape juice to fine wine’. And we will worry less about the pace of our efforts.
- Key things to remember: find quiet time – be still. Seek the joy that Christ offers us through His truth.